3 MILE WALKING ROUTE FROM

QUEENS MEDICAL CENTRE

PILTON - MANNINGS PIT - BRADIFORD

Pathway Prescriptions

Queens Medical Centre

OVERVIEW

A walk through the historic suburb of Pilton to Mannings Pit, a peaceful, countryside oasis on the edge of Barnstaple. Returning through the village of Bradiford and along the edge of the River Yeo and Pilton Park.



NHS · Barnstaple Alliance Primary Care · Brannam Medical Centre · Fremington Medical Centre · Litchdon · Queens Medical Centre

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Pathway Prescriptions

DIRECTIONS

1. Starting from Queens Medical Centre, turn right along Queens Street and follow the road to reach Barnstaple Theatre and the junction with Butchers Row. Turn left here and walk to the end of the road to reach the High Street. Turn right and walk for approximately 300m turning left at the end of the street.

2. Cross the road at the traffic lights and walk over the bridge crossing the road at the traffic lights and turn left. Take the next right turn into Mills Way. Follow the road to reach a footpath on the left, turn here and take the path over a bridge that crosses the River Yeo to reach Pilton Park. Turn right.

Scan the QR code for a detailed map and to download a GPX file

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DIRECTIONS

3. Follow the path around the edge of the grass area exiting the park on the corner via a flight of steps to reach the road.

4. Turn left here crossing the bridge, then turning left and immediately crossing the road walking straight ahead to turn into Pilton Street.

5. Walk along Pilton Street taking the right fork at the end. Follow the road for approximately 500m to reach a turning to Northfield Lane. Continue for a short distance to a footpath sign turn left here on to Shearford Lane.

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6. Walk along the footpath to reach the field at Mannings Pit. Take the footbridge to cross the stream and turn left. Walk straight ahead to reach Anchor Mill.

7. Follow the footpath between the buildings to reach a lane, following this walking alongside a stream to the road. Turn left and follow the road through Bradiford for approximately 600m to reach a turning to Abbey Road on the right. Turn here and follow to the junction at the end. Cross the road and take the footpath to the left of the houses.

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9. Follow the path along the edge of the river Yeo and Pilton Park to reach Mills Way. Turn right and continue to reach the main road.

10. Cross the road and turn left continuing over the bridge and crossing the road at the traffic lights. Turn left and then turn right into Barnstaple High Street.

11. Walk along the High Street for approximately 300m to the Pannier Market and a junction with Butchers Row. Turn left here.

12. Walk to the end of Butchers Row and turn right on to Queens Street. Follow the road for 100m to return to Queens Medical Centre on the right.

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